

INTRODUCTION | SESSION 1

Time is Running Out

You may delay, but time will not. ~ Benjamin Franklin

It's true – we only get one time around.

Problems compound when we waste time on regret and grief over _____
and _____.

Many people never stop long enough to consider their unique
_for life and work and the _____ to fulfill that purpose.

We are limited by _____.

Lifeline

Place an X on the line where you think you are in your life span at this moment?

BIRTH _____ DEATH

Why do we spend so much time with activities, projects, and events that add minimal value to life, work, and leadership?

The question we should be asking then is – _____
_____?

Every successful leader understands they must take personal _____ for their personal and professional growth.

_____, _____, and _____ are the chief competitors for personal growth and the development of leadership skills.

Overview

In the Fast Track, we will guide you through:

1. **Module 1 DISCOVER - Finding the Right Tools** for time management, focus, and planning.
2. **Module 2 APPLY - Applying the Learning Right Away (into sustainable habits for your life and work).**
3. **Module 3 REVIEW - Measuring, Tracking, and Celebrating Your Progress.**

Everything we do at Guidestone involves _____ . Because applied learning is the only way to make sustainable progress. Along the way, you have opportunities to try on the learning - to apply it - through Fast Action Steps.

You'll hear us say often, You don't have to get it perfect, you just need to

_____.

Fast Action Steps

1. What activities, projects, and events, which add minimal value to your life and work, could you begin to eliminate?
2. Have you taken full responsibility for your own personal and professional growth? What are the areas where you could be more intentional?
3. Clearly summarize what you want to accomplish and become with your remaining years of energy.
4. Are you fully committed to immediately apply the tools and principles in this fast track to experience more margin and more fulfillment in your life, work, and leadership?