

**MODULE 3 | SESSION 12**  
**Recharge and Time Away**

*Wealth is more about discretionary time than money.~ Alan Weiss*

**Two Key Disciplines For Leaders To Follow To Maintain Energy Are...**

1. Rest
2. \_\_\_\_\_.

**3 Things That Make Time Away So Incredibly Profitable**

1. \_\_\_\_\_ from the normal routine.
2. \_\_\_\_\_. Time away is more energizing when it is spent with people we care about.
3. \_\_\_\_\_.

Your life and work will be there when you get back. Spending purposeful time away will make your life better and will make you better at life.

**Fast Action Steps**

1. Set a time right now when you will review your calendar to decide when you will get away.
2. Make a list of the people and the places that awaken the “magic” in you. Use this list to plan your next trip away to recharge.