

## INTRODUCTION | SESSION 2

### Time is Running Out

You may delay, but time will not. ~ Benjamin Franklin

**It's true – we only get one time around.**

Problems compound when we waste time on regret and grief over \_\_\_\_\_  
and \_\_\_\_\_.

Many people never stop long enough to consider their unique  
\_for life and work and the \_\_\_\_\_ to fulfill that purpose.

**We are limited by \_\_\_\_\_.**

### Lifeline

Place an X on the line where you think you are in your life span at this moment?

BIRTH \_\_\_\_\_ DEATH

Why do we spend so much time with activities, projects, and events that add minimal value to life, work, and leadership?

The question we should be asking then is – \_\_\_\_\_  
\_\_\_\_\_?

Every successful leader understands they must take personal \_\_\_\_\_ for their personal and professional growth.

\_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ are the chief competitors for personal growth and the development of leadership skills.

## Fast Action Steps

1. What activities, projects, and events, which add minimal value to your life and work, could you begin to eliminate?
2. Have you taken full responsibility for your own personal and professional growth? What are the areas where you could be more intentional?
3. Clearly summarize what you want to accomplish and become with your remaining years of energy.
4. Are you fully committed to immediately apply the tools and principles in this course to experience more margin and more fulfillment in your life, work, and leadership?