

Reality

Welcome back to another session of Guidestone University.

We've been working through the Simple Personal Plan Account Form. We've already looked at Future and Purpose and Basis. And in this session we're going to look at Reality.

Reality is really neat. This is where you turn around and say, "If I'm brutally honest, where am I in this relationship, or where am I in this area of my Simple Personal Plan?" And the way you want to do it is write it in relation to your future, and that is really important so don't miss that, you want to write your reality as it relates to your future.

Let me give you a quick tip on how I do this. I copy future and then I paste it again. And I usually do it either right above or below or beside the future so I can see both of them as I am drafting reality. And I'll take the future that I just copied and pasted, and I'll simply edit it so that I can see exactly how I'm doing as it relates to where I want to be in the future. Makes sense?

So, this is where we start really getting honest with ourselves. So, you've seen my future for Sarah, and now I'm going to read to you my current reality. So, here it is, "I love my time together with Sarah, and I'm spending more one on one time with her – here's where it gets real, although we're occasionally distracted when we're together. We understand each other well, we're discovering life, purpose and dreams, but I need to be more intentional."

All I did was take my future, copy and paste it and then edit. So my current reality looks a lot like my future, except that I'm not quite where I want to be as it relates to the future that I described for this relationship. And so, when I want to evaluate how I'm doing, I simply look at my future, I look at my current reality and I see where the two don't measure up, and then I can rate myself. I can rate subjectively or I can give myself a number score. A scale of 1 to 10, a scale of 1 to 100, how am I doing this area of my life.

So, here's what we're going to do today. You're going to write out current reality as it relates to the future that you wrote for this account in your Simple Personal Plan.

And then number two, post it in the Facebook Community so we can help provide feedback on it, and give you a little bit of a chance to think through it as well and provide a little bit of accountability.

And we'll look forward to seeing you in the next session.